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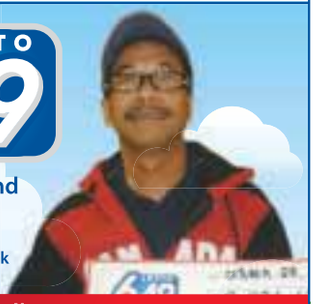
REMEMBRANCE DAY CEREMONY HONOURING VETS

HELPS LONDON STUDENTS PUT A FACE ON WAR PAGE 2



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Life in London, according to you

Feedback. Metro's London Matters survey takes Forest City's pulse

ANGELA MULLINS
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Pssst.

Ever wondered what your neighbour thinks about city council? What about their favourite restaurant, how they feel about taxes and whether they really like London?

Wonder no more. Metro knows, and we're letting the cat out of the bag.

Experts from MQO Research spent Oct. 15 to 23 quizzing Londoners — 503 of them, to be exact — on all those questions and more.

The results will be published over the next five days in a series we're calling London Matters.

Why the name?

By the numbers

+/- 4%

The margin of error for the London Matters survey.

It's pretty simple, really. Hearing from all of London — instead of only those who are vocal — matters when it comes to making decisions and planning for the future.

One of the survey's biggest strengths is "insight," says Craig Wight, MQO's vice-president of research.

"It does give us some (understanding of) what the issues in the community are," he said.

It also uncovers trends and perspectives that might otherwise go unnoticed. The value compounds when the survey is done annually, Wight says, something Metro has on its to-do list.

This year's data show people think the city is, for the most part, on the right track. But, like every place else, London has its fair share of issues and those are reflected in the results, Wight says.

Overall, the survey shows Londoners are "content" — a solid middle-of-the-road start to years' worth of gauging public opinion.

We kick things off with a look at London's economy, on page 4.

Follow Angela Mullins on Twitter @MetroAngela

Here's a look at what Metro will be covering this week in the first London Matters survey. KATIE NAUS/METRO

Knight seeing red and white

Sniper Seth Griffith is using Monday's Super Series match as a one-game audition to impress Canada's world junior hockey brass PAGE 3

Nurse up to the challenge

Ismail El-Assaad has excelled as an internationally trained nurse after moving to London, and now he's being honoured for his success PAGE 6

Waiting-room distractions

Try our tips to keep your kids occupied while stuck at the doctor's office PAGE 11

Argos romp to semifinal win

Edmonton's strong start can't save it as Toronto surges to a 42-26 playoff victory PAGE 14

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Members of the London Police Service Colour Guard line Dufferin Avenue during Sunday's Remembrance Day ceremony at the cenotaph in Victoria Park. Thousands of people packed into the park and along nearby streets to mark the sacrifices of those in the Armed Forces. ANGELA MULLINS/METRO

Londoners pay respects to our war veterans

Teachable moment. King's University College professor uses Remembrance Day ceremony as way to 'put a face' on war

ANGELA MULLINS
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James Yeoman, 24, wears his grandfather's military badges on his chest as he and his mother, Sherry Yeoman, 53, left, and his fiancée, Nicole Dewaele, 25, participate in Sunday's Remembrance Day ceremony. ANGELA MULLINS/METRO

Graham Broad invites students from his King's University College history classes to a Remembrance Day ceremony each year.

When they get there, Broad makes sure they meet — and talk to — veterans who fought for the freedoms Canadians enjoy today.

The experience is something akin to ripping pages out of a textbook and throwing them in your face, said King's student Emma Hunter, 21, of Burlington.

"It humanizes what we've learned all our lives," Hunter said.

It also brings an important perspective into modern conversations.

"We talk a lot today about austerity," Broad said. Veterans "really experienced austerity and sacrifice in a way we can't understand."

The King's students were among thousands of people who circled around the Victoria Park cenotaph for Sunday's Remembrance Day ceremony.

Canadian Forces personnel and young air, army, navy and sea cadets stood at attention for more than an hour to honour those who paid the ultimate price for their country. Scores of Canadian flags snapped in a heavy breeze as people emerged from the hushed crowd to lay wreaths on the empty tomb.

Like the group from King's, many of the people paying tribute were young adults, something Broad said is a sign of the times.

Years ago, he noted, taking part in Remembrance Day ceremonies wasn't considered "cool."

That's changed for a variety of reasons, including the Sept. 11, 2001, attacks in the U.S., the King's students said.

Quote

"I don't feel right if I don't go. It's only one day, one morning of the year."

Neal Rowe, 31, of London, on attending Remembrance Day ceremonies.

London council. Water rates, stench on tap for city committees

Setting new water and sewer rates and ongoing concerns about a stench in south London are on this week's council committee agendas.

A public-participation meeting is scheduled for 5 p.m. Monday for members of the civic works committee to hear comments about a proposed rate structure for water and sewer.

Most people are expected to pay less under the new plan, which includes measures to help low-income people and offer rebates for those who make an effort to consume less water.

A special meeting of the planning committee is slated for 6 p.m. Tuesday. Committee members will hear a report from city staff about ongoing odour complaints from people living near the Orgaworld waste-treatment facility.

Politicians asked in August that administrators look into what role the city could play in resolving the issue. In the report, staff say a bylaw could be drafted requiring such facilities have licences. Another option, the report says, is a bylaw dubbing odour a nuisance.

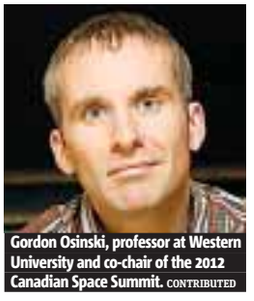
ANGELA MULLINS/METRO

Summit. Scientists to meet at Western to talk about future of space exploration

The annual Canadian Space Summit is a gathering of the world's biggest and brightest space scientists, and this year will be hosted by Western University for the first time. A lineup of speakers from NASA and other American and Canadian space organizations will meet to discuss the future of space exploration.

"We live in exciting times right now," said Gordon Osinski, a professor at Western University. "Many believe Obama is about to reopen American space programs. The U.S. drives space exploration, but Canada has a role too."

Osinski, whose studies at Western focus on the planetary geology of the Earth, moon and Mars, is also co-chair of the summit.



Gordon Osinski, professor at Western University and co-chair of the 2012 Canadian Space Summit. CONTRIBUTED

Headlining the list of speakers is retired NASA astronaut and former U.S. senator Harrison "Jack" Schmitt. Schmitt is one of 12 people to ever walk on the moon and, as a member of Apollo 17 in 1972, is the last person to do so.

His talk, titled To the Moon with Apollo 17, is scheduled for Friday, at 6 p.m. in Western's Natural Sciences Centre, Room 145. Tickets ($15 to $40) can be purchased at cpsx.ca/2012.

The Canadian Space Summit takes place at Western from Wednesday to Friday. For more information, visit css2012.uwo.ca.

ANDREW SERCOMBE/FOR METRO

Fundraiser

Guilt-free shopping spree

On Thursday, Vanier Children's Services is hosting a holiday shopapalooza, raising money for United Way. More than 25 local vendors will gather at 871 Trafalgar St., selling gifts, crafts and treats for everyone on your list (naughty or nice). METRO

Disability employment

Police chief wins Champions League Award

Police Chief Brad Duncan METRO

London police Chief Brad Duncan is the recipient of the annual Champions League Award. The award recognizes employers who have made outstanding progress in the movement of hiring people who have a disability. Duncan received the award last week in Alliston. METRO

Trafficking

Two men charged with drug offences

Police said a small quantity of marijuana, cocaine and crack cocaine was seized from two suspects — Ricco Ianni and Marchell Davis — in the area of Culver Drive and Clarke Road on Sunday. METRO

Admission by donation

Skating for a cause

Members of the men's Mustangs hockey team and the university's figure-skating team will be on hand at the Thompson Arena at Western University on Sunday for the Donate to Skate event. From 6:30 p.m. to 8 p.m., Londoners are invited to participate. METRO

Free event

Family centre to host open house

There will be an open house at Family Centre Carling-Thames on Nov. 24, from 2 p.m. to 5 p.m., to mark its opening at 335 Belfield St. The open house will include puppet-making, bingo games, and wellness exercises. METRO

Knights sniper ready for Team Canada audition

Super Series. Top scorer Griffith to compete with an unusually talented pool of juniors thanks to the NHL lockout

Seth Griffith METRO FILE

JOHN MATISZ
john.matisz@metronews.ca

It's been eight long years since the London Knights loaned more than a single player to Team Canada for the annual world junior tournament.

Starting Monday, as he dresses for Team OHL in the Canada-Russia Super Series' stop in Sarnia, Seth Griffith is determined to put an end to that streak.

"I'm going to go out there and try to put myself in a good position to make the team," he said of the high-profile tryout.

Griffith, a consummate team player, is tops in scoring on the Knights once again, notching 31 points in 20 games. The 19-year-old from Wallaceburg finished last season with a team-leading 85, which piggy-backed off the 62 he registered in 2010-11, his first full OHL season.

There's no doubt Griffith has what it takes to be a game-changer at the club team level. He's the first guy to get a tap on the shoulder from London bench boss Dale Hunter when the team needs an offensive lift.

But are his numbers and pedigree enough to make a national team contending on the grandest junior hockey stage?

"He's got a talent for putting the puck in the net. (Monday's game) is huge for everybody, but I know Seth is looking forward to it a lot," said Scott Harrington, Griffith's captain and lone returning player to Team Canada from the Knights.

In good company

Last five Knights to dress for Team Canada:

- Scott Harrington (2012)
- Nazem Kadri (2010)
- David Bolland (2006)
- Danny Syvret (2005)
- Corey Perry (2005)

Knights net 5-game win streak

London Knights defenceman Miles Liberati races toward the net during the first period of Sunday's game against the Sault Ste. Marie Greyhounds at Budweiser Gardens. The Knights won their fifth in a row, defeating the Greyhounds 5-3. Max Domi led the way for London with two goals and an assist, the helper coming on Nikita Zadorov's first OHL goal. Matt Rupert and Josh Anderson also scored for the Knights. Jake Patterson stopped 20 shots in the London goal to get the win. ANGELA MULLINS/METRO

Man hospitalized. SIU investigating OPP arrest

The Special Investigations Unit is examining the circumstances of an early morning arrest that sent a man to a Stratford Hospital.

Early Saturday, Perth County OPP stopped a man on Albert Street in Mitchell for suspicion of impaired driving.

During the arrest, the man became combative and police report deploying use of force.

The man complained of pain in his chest and side. Police took him to Stratford General Hospital, where he was treated for non-life-threatening injuries. AM980/AM980.CA

Two killed. Fire marshall looking into fatal blaze

The Ontario fire marshall's office and Strathroy-Caradoc police are investigating a fire early Saturday morning that took two lives.

The three-alarm house fire happened around 3 a.m. at 701 Railroad St. in Mount Brydges.

Deputy chief Mark Campbell with the Strathroy-Caradoc police said a 41-year-old woman and a 34-year-old man were found in the lower unit of the home.

There is currently no word on the cause of the fire, and the names of the victims have not yet been released. AM980/AM980.CA

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Economy scores a C-grade, but things are looking up: Survey

Part 1 of a five-part series. Londoners not overly pleased with current state, but are noticing positive trends

ANGELA MULLINS
angela.mullins@metronews.ca

The Dr. Oetker pizza plant taking shape at Veterans Memorial Parkway and Bradley Avenue is expected to employ about 150 people when production starts late next year. ANGELA MULLINS/METRO

Londoners have a bit of the blahs when it comes to the city's economy.

Give it a year, though, and things will get better, at least some say.

A new survey shows 53 per cent of 503 people rate the local economy as "fair," while 27 per cent consider it "good."

People were slightly more enthusiastic when asked to rank the economy's "vibrance" on a 10-point scale, with 10 considered "excellent." Fifty-four per cent of people weighed in at six or higher — considered above average — and about one-quarter gave a less-than-average rating. Only 10 per cent gave a rating of eight or higher.

While 60 per cent of people expect the economy to be about the same a year from now, more than one-quarter — 31 per cent — are betting on an improvement.

The optimism is warranted, says Peter White, president and CEO of London Economic Development Corp.

"I think, overall, a lot of our sectors are recovering," he said, noting, as an example, that strength is returning to manufacturing. "We're getting to a much more stable element."

Unemployment — settling in above the national and provincial averages — is still too high, he said, but several things happening now are expected to push numbers lower in the future.

To name a couple: Arvin Sango, a U.S. company that makes automotive parts, is expected to start production at a new London plant in a matter of months, and the new Dr. Oetker plant is expected to start production late next year.

Existing companies are also growing, making 2012 the busiest year for expansions since at least 2007, White says.

The survey suggests Londoners, as a whole, are taking note of positive trends. Fifty-six per cent say they have noticed "some" or "a lot" of growth in the past year, while 44 per cent say economic growth in the past decade has been good for the city.

Survey sample

503

The number of Londoners who responded to the survey, conducted by MQO Research from Oct. 15 to 23.

Perk up! London is hiring

Got a case of the job-search blues? Try these numbers on for size.

Employers have reported filling 764 new positions and bringing about 348 people into existing spots since the city's Hire One initiative started on Sept. 18. Of the new hires, about 500 are considered permanent full-time additions.

It's proof, says Robert Collins, that job opportunities exist despite the bleak outlook Londoners reported in a recent survey.

"There are jobs and employers are hiring," said Collins, director of workforce development at the London Economic Development Corp., a partner in the Hire One effort. "We just need to encourage people to look and get the right supports."

In the survey, 56 per cent of respondents rated job opportunities in the city at or below average. Only five per cent have a rosy view of the chances of finding work, giving a rating of eight or higher on a 10-point scale where 10 was considered "excellent."

There could be several factors dragging the numbers down, Collins says. People could be using the wrong tools for finding work and, because of that, getting discouraged. Media reports focusing on high unemployment also could be swaying public perception.

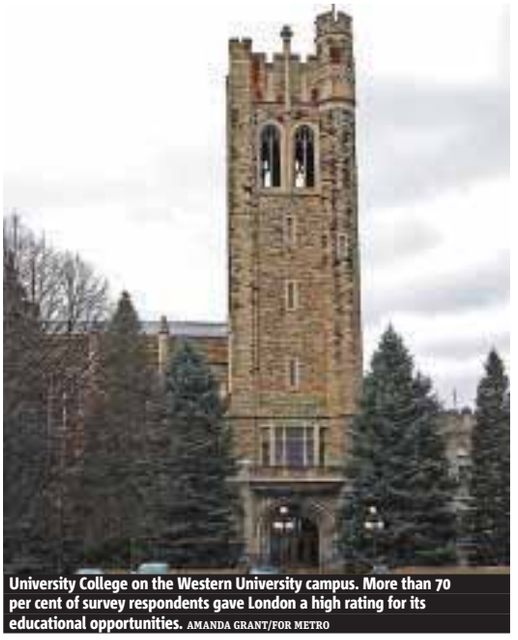
Hire One aims to combat negative attitudes by focusing on hard data dispelling the myth that London companies aren't hiring. There's also an effort to link job seekers with help in the form of education, job-training programs and other community resources.

Access to education — whether it's in the halls of Western University, Fanshawe College or vocational schools — is an area where everyone seems to agree that London excels. A little more than 70 per cent of people surveyed ranked educational opportunities as eight or higher on a 10-point scale. The average rating given was 8.1.

ANGELA MULLINS/METRO

Men and women split

- When it comes to job opportunities, only four cent of the 291 women surveyed gave London a rating of 8 out of 10 or higher. Seven per cent of the 212 men surveyed gave the city a top-3 score.



University College on the Western University campus. More than 70 per cent of survey respondents gave London a high rating for its educational opportunities. AMANDA GRANT/FOR METRO

Revitalization

Rebuilding core economy working, some say

Downtown is changing and, despite what you may hear on the street, many people like what they're seeing.

While only 17 per cent of people give downtown-revitalization efforts rave reviews, 50 per cent rate their satisfaction as above average.

If you ask Janette MacDonald, executive director of Downtown London, those numbers are good enough to prove she and others are on the right track.

Getting the "change is happening" message across to people can be tough, she said, making the survey results even more encouraging. "The thing that discourages me is that people just don't know. They're not educated or informed as to what has actually happened in the downtown, and the (impact) it has (on) their pockets, whether they ever set foot in downtown or not."

People who don't rate improving the core as high on city council's to-do list need a wake-up call, she said. Though it makes up only 0.2 per cent of the city's geographic area, downtown accounts for nine per cent of property taxes collected. The core boasts 81 per cent of all office space in the city and has a tax-assessment value of $902 million.

"If we're looking to attract investment to the city from outside the city and outside the country, you need to have a fantastic downtown because that's the city's identity," she said. ANGELA MULLINS/METRO

Survey question

Thinking ahead to this time next year, do you expect London's economy to be:

- About the same (60%)
- Better (31%)
- Worse (7%)
- Don't know (2%)

Neighbourhood awakened by deadly blast

This aerial photo shows the two homes that were leveled and the numerous neighbouring homes that were damaged from a massive explosion that sparked a huge fire and killed two people, Sunday, in Indianapolis. Nearly three dozen homes were damaged or destroyed, and seven people were taken to hospital with injuries, authorities said Sunday. The powerful nighttime blast shattered windows, crumpled walls and could be felt at least 4.8 kilometres away.

MATT KRYGER/THE ASSOCIATED PRESS

Worker

Third person dies after explosion at plant in Quebec

A third person died over the weekend from injuries related to a powerful explosion at a plant in Quebec's Eastern Townships.

Marc Couture, a worker at the plant, died at a Montreal hospital on Saturday evening.

THE CANADIAN PRESS

Drugs

Prescription opioid deaths as high as drunk driving deaths, B.C. officials say

People in southeast British Columbia are dying from prescription opioid overdoses at the same rate that they're dying in drunk driving accidents.

The findings are contained in a research project conducted by medical health officers at the Interior Health Authority and the B.C. Coroners Service.

THE CANADIAN PRESS

A 'radical' overhaul of BBC called for

Ongoing scandal. Head of broadcaster's governing body says 'thorough ... structural' changes needed after executive resigns over sex-abuse coverage

The head of the BBC's governing body said Sunday the broadcaster needs a radical overhaul following the resignation of its chief executive in wake of a scandal over a botched report on child sex-abuse allegations.

Chris Patten vowed to restore confidence and trust in the BBC, which is reeling from the resignation of George Entwistle and the scandals prompting his ouster.

Entwistle resigned Saturday night amid a storm of controversy after a news program wrongly implicated a British politician in a child sex-abuse scandal, deepening a crisis sparked by revelations it decided not to air similar allegations against one of its own stars.

Patten told the BBC on Sunday he will not resign, saying he must ensure the publicly funded broadcaster "has a grip" and gets back on track.

"My job is to make sure that ... we restore confidence and trust in the BBC," he said, and called for a "thorough, radical structural overhaul."

THE ASSOCIATED PRESS

Not only for the lonely: China's Singles Day an e-commerce boom

Lei Shujie, a designer in Shanghai, piled up a wish list for Sunday, a quirky holiday dubbed Singles Day that has grown into China's — and possibly the world's — busiest online shopping day.

Clothes, a pillow, a cabinet to give a friend — Lei put off buying until Sunday, when retailers promised discounts of up to 70 per cent. "The prices are irresistible," she said.

Singles Day was started by Chinese college students in the 1990s as a version of Valentine's Day for people without romantic partners. The timing was based on the date Nov. 11, or 11.11 — four singles. Unattached young people would treat each other to dinner or give gifts to woo that special someone and end their single status.

That gift-giving helped to turn it into a major shopping event as sellers of everything from jewelry to TVs to cars saw a marketing opportunity and launched Singles Day sales. It is China's answer to Cyber Monday in the United States — the day after Thanksgiving weekend, when online Christmas shopping begins and merchants have their busiest sales day.

THE ASSOCIATED PRESS

Singles Day began in China in the 1990s as a Valentine's Day for the unattached. It has morphed into the country's busiest online shopping day, where merchants offer goods at prices many find simply irresistible. EUGENE HOSHIKO/THE ASSOCIATED PRESS

Nickel

Allergic to the BlackBerry?

IPhones might be healthier than BlackBerry phones for those with nickel allergies, according to new research from the U.S.

Nickel used in the production of BlackBerry smartphones has been found on the device's buttons and keyboards, where it could cause an allergic reaction such as dry, itchy skin, says a new study presented at the Annual Scientific Meeting of the American College of Allergy, Asthma and Immunology.

Approximately eight to nine per cent of North Americans react adversely to nickel and the College confirms cases of "cellphone dermatitis" are being diagnosed.

Allergist Dr. Tania Mucci said one-third of the study's BlackBerrys tested positive for nickel, while iPhone and Android devices came up clean. Less popular flip phone models were the worst allergy offenders.

Nickel, along with cobalt, can cause reactions, including dry, itchy patches on the face.

TORSTAR NEWS SERVICE

Offer's on the table. Leon's wants The Brick for $700M

One of Canada's best-known furniture retailers is trying to buy up a high-profile rival amid a growing trend by American retailers to expand into the Canadian market.

Leon's Furniture Ltd. is offering to buy The Brick Ltd. in a deal the company values at $700 million.

The offer is subject to approval by Brick shareholders and will need court and regulatory approval.

Leon's says it will pay $5.40 per share in either cash or debentures — the closing price on Brick shares on the TSX on Friday was $3.50.

It hopes to close the deal in the first quarter of 2013.

Leon's says in a news release that if shareholders accept the offer, the two chains will operate as separate entities.

The two chains are facing new competitors, chiefly in the form of American retail giant Target, which plans to open up to 135 stores across Canada in the coming year.

THE CANADIAN PRESS

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LONDON NURSE EXCELS IN NEW ENVIRONMENT

URBAN COMPASS
Todd Devlin
london@metronews.ca

Ismail El-Assaad knew that transitioning to life in Canada wouldn't be easy. There would be the challenges of getting acclimated to a new culture and a new language, and there would be the barriers immigrants often face in finding employment in their field.

But El-Assaad wasn't deterred.

"I wanted to take my career and my education to the next level," said the London nurse, who arrived to the country in March 2009. "And I found that Canada was the best place to do that. The health-care system is the best in the world."

The Forest City gained a talented nurse in El-Assaad, who has now been working in the intensive care unit at London Health Sciences Centre for nearly two years. His work has been so impressive, in fact, that the 35-year-old will be recognized with the 2012 CARE Centre Joan Lesmond IEN of the Year Award on Thursday at University Hospital.

Up to the challenge

"The challenge for me was to prove I could fit into the (ICU) team, and I think I did that in a very short time."

Ismail El-Assaad, ICU nurse at London Health Sciences Centre

It's an award bestowed upon an internationally educated nurse who has excelled in their new role in Canada. El-Assaad is flattered to earn the distinction.

"It's a great honour to receive such an award," he said. "The challenge for me was to prove I could fit into the (ICU) team, and I think I did that in a very short time. I love the role here."

Despite having more than 10 years of experience as a senior nurse and nursing instructor in Lebanon and the United Arab Emirates, El-Assaad had to start from scratch in terms of certification when he arrived in Canada.

But with the help of the CARE Centre for Internationally Educated Nurses, which operates a London branch through Fanshawe College, he passed the Canadian registered-nurse examination and landed a job within six months.

"CARE helped me very much to accomplish this," El-Assaad said. "They really put me on the right track to understand nursing in Canada and the medical system."

His current supervisor, Mary Kroh, a co-ordinator in the cardiac surgery recovery unit at LHSC, believes El-Assaad's first job — in which he provided nursing and personal care services to people in their own homes — also helped him excel.

"It let him see how Canadians lived and it helped him adapt to the Canadian lifestyle," said Kroh, who nominated El-Assaad for the CARE award. "I think that was very important."

"You have to understand the culture and how (Canadians) think about diseases and illness," El-Assaad said. "And then give care according to the College of Nurses practice guidelines. I think I have done that successfully."

But aside from the professionalism and skill El-Assaad has displayed as a primary caregiver, Kroh has also praised him for his ability to be empathetic with his patients and their families. The ICU supervisor has received several letters from family and patients commending El-Assaad on his exceptional care.

"We deal with very ill clients in critical care, so to be compassionate and understanding with patients who are in crisis is very important," she said. "Ismail brings that to the job as well."

Follow Todd Devlin on Twitter @UrbanCompassLdn

Ismail El-Assaad will received a national award on Thursday. CONTRIBUTED

Don't let kitty scratch this

REX FEATURES

Balloon arts and crafts

Hobbit hole made out of balloons

If you love party paraphernalia and J.R.R. Tolkien, you'll be fantasizing about this — a replica of a hobbit hole made from 2,600 balloons. Jeremy Telford, 34, spent 40 hours over three days inflating the balloons using a hand pump.

Thanks to an understanding wife, the Tolkien fan was able to build the shiny structure in his living room.

"After three days we let the kids demolish it for another two. They were sad when it was finally time to reclaim the living room for living," Telford said.

METRO

The artist explains ...

- **Passion for fantasy at an early age.** "I have been a Tolkien fan ever since reading The Hobbit in junior high school. It opened a whole new genre of books to me and fantasy quickly became my favourite."
- **Planning.** "I've been wanting to build something from The Hobbit for a while now. My wife and I sat down and picked out a few days to set aside for the build. We figured out how to get most of the furniture out of our living room and planned out how to build around the rest."
- **18th-century inspiration.** "I spent a few hours Googling 18th-century English furniture to try to get a style to work from. From there I designed the layout and estimated the number of balloons it would take to make the sculpture."
- **Capturing the moment.** "When the day came, we set up the camera to take pictures every 18 seconds for a time-lapse video. My three children, aged seven, five and two, helped. The older kids soon learned to wait for the click of the camera before moving through the living room to get to the kitchen. The youngest didn't understand and instead 'helped' me throughout the build."

His viewpoint

"The worst part of it was that my fingers were so sore after tying so many balloons. It sounds pitiful but it's very true!"

Balloon enthusiast Jeremy Telford

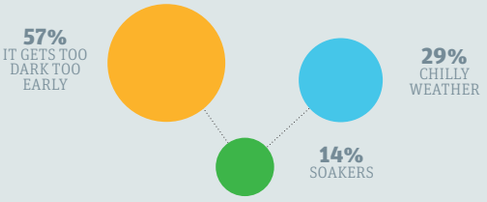
Online

Watch the time-lapse video at metronews.ca

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What's the worst thing about fall?



Twitter

@mindyourmind_ca: Everyone, take a moment today to think about those who have given their lives to protect others; and those who come home to keep fighting.

@Heemans: It's impossible to express the gratitude we feel to those who fought for our freedoms. All we can say is We Remember & Thank You.

@rtvohlknights: To All those that fought for our freedom. THANK YOU!!!!

@beaumontpete: Thank You to all the Veterans past and present.....Remember

@jordanfwc: We are still hiring at Cash Money at Richmond and Dundas! #ldnont

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The professional brooder, hard at work. GETTY IMAGES

Robert Pattinson: 'I really want to do something worthwhile'

NED EHRBAR
Metro World News in Hollywood

Starring as Edward Cullen, the moody vampire at the centre of the Twilight series has brought Robert Pattinson worldwide stardom, something that doesn't sit well with the British actor. "I have a weird mental disorder where the only thing I can ever hear is the negative stuff," he tells us. "It doesn't matter how many people say anything complimentary, it's always the negative."

You can't blame him. This summer, the 26-year-old was at the centre of some pretty negative headlines: His girlfriend and co-star Kristen Stewart reportedly cheated on him with her Snow White director Rupert Sanders. Are they on? Off? Rather than obsess about it, Pattinson decided to focus on his career after the last film in the series: The Twilight Saga: Breaking Dawn—Part 2.

Of his fame, he says, "Maybe I feel like I don't particularly deserve it yet, so I really want to do something worthwhile in my head and struggle for a long time."

As evidenced by recent choices — including David Cronenberg's challenging Cosmopolis — he's not afraid of risk. "I signed up for a lot of stuff in the last year. I was really fixated on working with a lot of people who are kind of dangerous. I thought that would be exciting," he says. "The business part of show business has really just taken a big s— on the show aspect of it, and so I think anyone who has any visibility should be trying to do something that is really, really subversive. I think it would be interesting trying to get really subversive stuff into the mainstream, things that make it in the cinema not just as a consumer but as a participant."

Would he make more?

"Yeah, definitely. I mean, I don't know why I wouldn't. I've already done five of them. It's not like, 'Six? I can't do six. That's crazy!'"

Robert Pattinson on making another Twilight

It's that sensibility that led him to sign up for the lead in Mission: Blacklist, a film to be made in Iraq next year. "That's probably out of anybody's comfort zone," Pattinson offers. "It's about this guy called Eric Maddox who was an army interrogator who almost single-handedly found Saddam Hussein."

The project teams Pattinson with French director Jean-Stéphane Sauvaire, who used Liberian child soldiers for his last film. "I think he literally wants me to join the army," Pattinson says, looking thrilled at the idea.

You can tell where his passions lie by the fact that, during this interview, the actor talks more about Mission: Blacklist than Twilight. But promotion for Breaking Dawn—Part 2 must be done. The story finds his Edward and Stewart's Bella protecting their child from killer vampires. It's already predicted to be the highest-grossing effort in the series. And the actor is busy lining up another high-profile project, lest he lose his ability to get the riskier ones made.

"This year, I'm thinking I should probably try to do a movie which at least one person will see," he says. "So I'm trying to figure that out now."

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Klum shines in host duties at MTV Europe Music Awards

Frankfurt. Canada's Carly Rae Jepsen among the performers of this year's event

American rapper Ludacris says he has "a huge crush" on supermodel Heidi Klum, the host of Sunday's MTV European music awards show.

Ludacris, alt-pop trio Fun. and Canadian singer-songwriter Carly Rae Jepsen took a rehearsal break to attend a press briefing Saturday ahead of the MTV EMA in Frankfurt. Joined by Klum, all talk turned to the upcoming festivities.

Ludacris said he felt "blessed" to be in Frankfurt and saw the awards as a chance to "give back to the global fans" — and also get near Klum.

The rapper exclusively premiered his new music video Rest of My Life, featuring Usher and David Guetta, during the show.

Also taking the stage was Jepsen, who soared to the top of the charts with her hit song, Call Me Maybe, and had three nominations. She said she is already "falling a little bit in love with Frankfurt."

Other performers included Taylor Swift, Muse, No Doubt, Alicia Keys, Pitbull, Psy and The Killers.

Also in the line-up was Fun., who said they would get "pretty giddy" if they bumped into The Killers backstage because they are huge fans.

Klum, meanwhile, was excited to cross paths with Psy, the South Korean phenomenon, and admitted she and her children are partial to his Gangnam Style dancing.

THE ASSOCIATED PRESS

MTV European Music Awards 2012 host, German model Heidi Klum, speaks during a press conference in Frankfurt's town hall on Saturday. THE ASSOCIATED PRESS

Brad Smith has a big decision coming up. HANDOUT

Canadian bachelor prepares to hand out that final rose

Big decision. Brad Smith has narrowed it down to two women after speed-dating his way through 25 contestants

One bachelor, two women, one big decision.

That's what it comes down to as The Bachelor Canada heads toward that final rose.

After weeks of criss-crossing Canada on fantasy dates that also extended into romantic getaways to Paris and Mexico, Canadian bachelor Brad Smith is about to announce his big decision.

He has narrowed it down to 28-year-old Bianka, a nurse from Mississauga, Ont., and 24-year-old Whitney, an administrative assistant from Calgary.

Smith, 29, has caught passes before. The CFL "free agent" wide receiver has played for Montreal, Toronto and Edmonton. His dad is former CFL commissioner Larry Smith, now a member of the Canadian senate.

With roots in football, Smith seems more All-American than many U.S. bachelors.

"Hockey's really my passion," he protests. "I just happen to be good at football."

Much of the dating hijinks were shot last summer. Earlier this month, production shifted to a picturesque seaside town near Victoria, B.C. for the taping of next week's Women Tell All outing (airing Nov. 14 on Citytv,) as well as the After the Rose episode (Nov. 28). Fans will learn if Smith chooses Bianka or Whitney — or neither — on decision night, Nov. 21 at 9:30 p.m. ET.

The studio audience was as shocked as many viewing at home this Wednesday when Smith eliminated second runner-up Kara, a grad student from Delta, B.C.

A softball player who earned a scholarship to a Florida college, Kara shared Smith's passion for sports.

When it came down to the final two, however, he wouldn't play ball.

"I wish there could have been that spark, because it could have been perfect," she said later.

Sixteen of the original 25 women are back for the "Tell All" segment. They're perched on bar stools on a black-and-white set that could pass for Austin Powers' love pad

Gabrielle is a crowd favourite. The diminutive law student from Oakville, Ont., stood out on the series for speaking her mind.

"She's got some fangs on her," observes Smith. If she were to do something like this again, Gabrielle says later, she'd learn to "filter her thoughts." Kara disagrees, saying, "the other girls loved her just the way she is."

Most of the women seem to be pulling for Bianka to get the rose, with Whitney emerging as the villain of the series. She did herself no favours with on-camera quips such as "Brad's mine" and, "I know what I want and I know how to get it."

THE CANADIAN PRESS

Judd touted as potential opponent to Senate leader

Democrats. Nobody has stepped forward to challenge the longtime Republican leader

Actress Ashley Judd isn't ruling out a run for U.S. Senate in Kentucky.

The former Kentuckian is an active supporter of Tennessee Democrats. She said in a statement Friday that she's honoured to be mentioned as a potential candidate, but she sidestepped the question of whether she would get into the race.

Judd lives in Tennessee and would have to re-establish a residence in Kentucky before she could challenge Senate Republican leader Mitch McConnell in his 2014 re-election bid.

No Democrats have stepped forward to challenge McConnell, a political powerhouse who already has $6.8 million in the bank for his re-election.

In 2008, McConnell won re-election to a fifth term and became Kentucky's longest serving senator. McConnell spent some $20 million on his last election, beating Democrat Bruce Lunsford, a wealthy Kentucky businessman, by six percentage points.

"Sen. McConnell and his wife are big fans of Ashley Judd's movies and appreciate her energy, especially when it comes to bringing young people into the political process," said McConnell campaign manager Jesse Benton. He held his criticism for those who are pushing her candidacy.

Judd is a regular at University of Kentucky basketball games and the Kentucky Derby and has starred in such movies as Kiss the Girls, Double Jeopardy, Where the Heart Is and High Crimes.

She is married to three-time Indianapolis 500 winner Dario Franchitti and is an annual spectator at the race.

THE ASSOCIATED PRESS

Quoted

"I cherish Kentucky, heart and soul, and while I'm very honoured by the consideration, we have just finished an election, so let's focus on coming together to keep moving America's families, and especially our kids, forward."

Ashley Judd

Ashley Judd hasn't said whether she'll challenge Senate Republican leader Mitch McConnell. GETTY IMAGES

Jermaine Jackson is trying to bring a little light into his life with a name change. GETTY IMAGES

Jermaine Jackson files to alter famous last name to Jacksun

Jermaine Jackson wants to change his name to something a little brighter. He's asking a court to allow him to alter his famous surname and become Jermaine Jacksun.

The older brother of Michael Jackson filed a name change petition on Tuesday in Los Angeles, stating the switch was for "artistic reasons."

The filing doesn't elaborate, but Jackson's friend Steve Dennis, who was speaking on the singer's behalf, said it's not unheard of for artists to change their names. "Phonetically, it changes nothing," he said.

"It is something he has chosen to do, and it's fair to say that you cannot blame this one on the boogie, you've got to blame it on the sunshine," Dennis said, in a play on the Jackson 5 disco hit, Blame it on the Boogie.

Jackson has been touring with his brothers in recent months and has been promoting his book about his superstar brother titled You Are Not Alone.

A hearing on whether Jackson will become Jacksun is scheduled for Feb. 22 in Los Angeles.

THE ASSOCIATED PRESS

What's in a name?

"It is something he has chosen to do, and it's fair to say that you cannot blame this one on the boogie."

Steve Dennis
Speaking on Jermaine's decision to change his name.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Rich, famous actress dumps rich, famous singer

THE WORD
Dorothy Robinson
scene@metronews.ca

Although it comes as no surprise that two people under the age of 20 have broken up, it is my due diligence as your gossip columnist to tell you about the demise of the tween love that was the two-year relationship between Selena Gomez, 20, and Justin Bieber, 18. Here's what we know:

To hear sources tell it, it was Gomez who did the dumping, according to Us Weekly. "Selena broke up with Justin about a week ago," a source says. "Selena definitely had some major trust issues with Justin."

Those trust issues might have something to do with Bieber recently spending a lot of time with 19-year-old Victoria's Secret model Barbara Palvin.

According to reports, Bieber took two women, one of whom was Palvin, to see The Lion King on Broadway after the Victoria's Secret fashion show last Wednesday.

The twist of the knife came courtesy of a picture featuring Palvin posing with Bieber and rapper Lil' Twist that began circulating online.

Gomez retweeted the photo to her own Twitter feed — her only comment on the pic being a set of ellipses — which caused a prepubescent online fire storm and prompted Palvin to tweet, "Hey everyone. please calm down. he is all yours!! :) please :)"

But don't count the long-term (by teen/celebrity standards) lovebirds out just yet.

"They are (young)," the source says. "Right now it is a break and tomorrow it could be back on, knowing them."

And that's your update from the love lives of people born in the '90s.

Let me take a second here to remind everyone that we're all adults. Reminder taken? Good. For the rest of you, go clean your room.

Johnny Depp. ALL GETTY IMAGES

Depp on again with on-again, off-again girlfriend

While Johnny Depp and Amber Heard reportedly scuttled their summer romance because there was too much "drama" surrounding the relationship, sources say the two are back together after an impressive campaign by Depp, according to the New York Post.

Depp, who split from Vanessa Paradis, his partner of 12 years earlier this year, reportedly sent Heard a self-written poem and roses every day during the month of September.

Apparently it worked, as Depp and Heard were spotted out at a Los Angeles nightclub last week.

"They looked very flirty and sat close, conversing the whole time," a source says.

Gerard Butler

Butler regrets the one who got away

Gerard Butler is certainly happy for newlywed Jessica Biel, but that doesn't mean he doesn't wish things had gone better when he reportedly dated his Playing for Keeps co-star last year during her temporary split from Justin Timberlake, according to Radar Online.

"Gerard doesn't have many regrets, but not treating Jessica with the respect she deserved while they dated is one of them," a source close to Butler says.

"He genuinely believes she was the one that got away. Jessica liked Gerard a lot. She was into his boyish nature, but she wanted something more serious. She was ready to settle down."

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The waiting-room game

Doctor-delay diversions. Here are some ways to keep your (often sick) kids entertained at the doc's

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

It is the time of year when many parents are visiting their doctor's office with kids in tow, for everything from routine vaccinations to dealing with the sudden influx of colds and fevers.

But just going to the doctor's office can make you sick … of thinking of ways to entertain your children while you inevitably wait.

Make sure you're prepared to keep the kids quiet and occupied.

Doctor visit tips

The early bird gets the worm, even at the doctor's office.

- **Be first.** Try to get the first appointment of the day or the first one after the office's lunch break, which is the most effective way to minimize wait time before the back log begins. Vaccinations can also be administered by nurses and other health-care workers, not requiring a long wait for your family doctor. Not sure what vaccinations your child needs? Just hearing about the pneumococcal vaccine? Undecided as to whether the flu shot is right for your family? Guidelines can change, so if you have questions, speak with your doctor for the most up-to-date information. Remember to keep your immunization records current.

There are ways to keep kids of all ages entertained while waiting for the doctor. ISTOCK

0-12 months
Of course, infants have their own schedules, but if you know of an especially fussy time, try to avoid booking within a two hour window of this. Feeding is a great way to distract bored babies, so bring along snacks, bottles, or breastfeeding aids (blankets, etc.) if required. Pack as though you were going on a trip with clean clothes, plenty of diapers and extra clean toys, pacifiers, etc.

1-3 years
Most kids this age are still napping in the afternoon, so try for an early morning appointment and bring a stash of finger foods and favourite toys. Try not to bring loud, large toys that are jarring to others in the waiting room. If the child is starting to have anxiety about visiting the doctor, bring some age appropriate books to read about what they can expect, and let them play with bandages, toy stethoscopes and other doctor tools to prepare them.

4-6 years
This is a great age to introduce kid-friendly tablets and learning software. While mom's iPhone can always be used in a pinch, sometimes mom wants to catch up on email and surf the web herself. Bring along some colouring books and crayons (markers are messy in a public space). Juice boxes and non-messy snacks help.

8+ years
Kids this age can read by themselves. Taking a quick trip to the library first means you can stock up on loads of new books for them to go through quietly. Hand-held gaming devices with calmer, educational games, or a set of ear plugs, can help pass the time. Pack some water and healthy snacks as well.

New parents can also get nervous while they're in the waiting room, so it's a good idea to occupy yourself with activities such as reading up on the vaccinations your child is about to receive, recording the symptoms which lead you to believe they were sick, and preparing questions for the doctor in advance.

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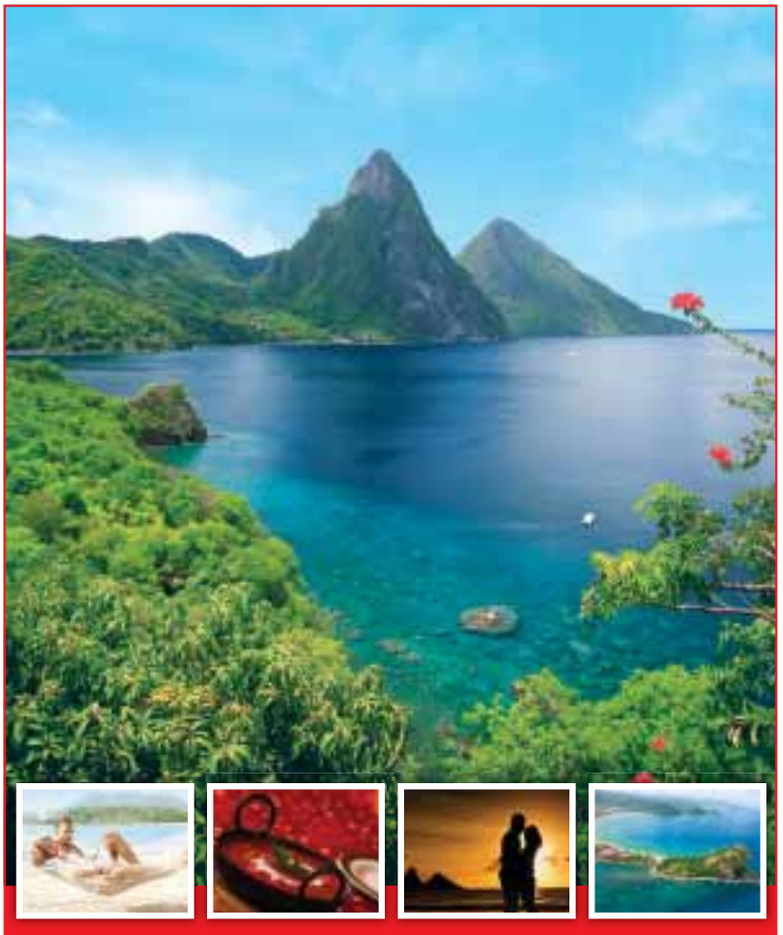

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Zucchini Cheddar Muffins. Versatile enough to be paired with dinner

Want to make a whole-grain version? Substitute regular whole-wheat flour for half of the all-purpose flour.

Or go all the way and use white whole-wheat flour in place of all of the all-purpose.

White whole-wheat flour has the same nutrition as regular whole wheat, but is made from a lighter grain that produces a flour that tastes and looks similar to white.

1. Heat the oven to 400 F. Line a 12-cup muffin pan with paper liners or coat with baking spray.

2. In a large bowl, whisk together the flour, baking powder, baking soda, sugar and salt.

3. In another bowl, whisk together the eggs and buttermilk, then whisk in the melted butter. Gently fold the liquid mixture into the dry mixture, then fold in the zucchini and cheddar just enough to incorporate.

4. Scoop the batter into the prepared muffin pan and bake for 25 to 30 minutes, or until a toothpick inserted at the centre comes out clean. Allow to cool for 10 minutes in the pan before turning out on a rack to cool completely.

THE ASSOCIATED PRESS

This recipe serves 12. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 2 1/4 cups all-purpose flour
- 1 1/2 tsp baking powder
- 1/2 tsp baking soda
- 1/4 cup sugar
- 1 tsp salt
- 2 eggs
- 1 1/4 cups buttermilk
- 1/2 cup (1 stick) unsalted butter, melted
- 1 cup packed shredded zucchini
- 3/4 cup shredded sharp cheddar cheese

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There's something comforting about pasta. However, there is nothing comforting about the calories, fat and sodium if you choose the wrong pasta sauce.

Classico Four Cheese Alfredo (1 cup)

320 calories/24 g fat/ 1,560 mg sodium
The primary ingredients contain cream, egg yolks and cheese. No wonder calories and fat are high.

Equivalent

One cup of Classic Four Cheese Alfredo is equal in fat to five medium Hawaiian slices from Boston Pizza.

Classico Tomato and Basil Sauce (1 cup)

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A classic tomato sauce contains mostly tomatoes, a healthier option.

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BRUCE WALSH
life@metronews.ca

Sara Horowitz founded the New York-based Freelancers Union in 2003. Today, the union boasts 170,000 members and even created their own health insurance company in 2009. Her new book, The Freelancer's Bible: Everything You Need to Know to Have the Career of Your Dreams — On Your Terms, was released this fall. We caught up with her for a quick chat.

How often do companies fail to pay freelancers?

Are they taking their sweet time to sign that cheque? Start asking the serious questions. ISTOCK

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How do you insist on your rights while maintaining good relationships with your clients?

Of course, there's no simple answer to that. But it's always good to push for clarity: What is the assignment? What are the deliverables? It's often good to write a memo summarizing that to make sure everybody is on the same page.

What is your response to people who say that unions have outlived their usefulness?

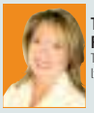
It's funny; in the 1920s people often said that unions were dead.

They were talking about a craft model that was for a workplace of the 1880s. Suddenly, in the 1930s, with mass production, there was a whole new kind of unionism. What a union is will continue to evolve.

But the old ones don't go away fully. They sit side by side.

The In-Credibility Factor

Name: Dr. Monique Haakensen, PhD, P.Biol
City: Saskatoon
Age: 30
Occupation: President and principal scientist of Contango Strategies



THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

After graduating from school, Monique worked for a year and saw so many ways science could be applied to business. Putting her savings on the line, she created Contango Strategies, a company creating cutting edge technologies for mining companies and the oil and gas sector. In less than two years, Contango has landed numerous seven-figure, multi-year contracts and Monique has put her savings back into the bank.

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Dr. Monique Haakensen. PROVIDED

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People who aren't entrepreneurs don't understand the concept of working 110 hours a week. They say you should have balance or a hobby, but for a lot of entrepreneurs, their business is what they do. Do what you love and make sure it's the right balance for you.

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SPORTS 4

NFL. Saints put end to Falcons' unbeaten streak

Of all the teams to end the Atlanta Falcons' unbeaten run, it had to be their resurgent rivals, the New Orleans Saints, in a game filled with drama until the end.

Jimmy Graham caught seven passes for a career-best 146 yards and two touchdowns, cornerback Jabari Greer made a diving, touchdown-saving pass breakup on a late fourth-down play, and New Orleans (4-5) held on to hand the Falcons (8-1) their first loss, 31-27, on Sunday.

THE ASSOCIATED PRESS

Saints tight end Jimmy Graham runs past the Falcons' William Moore on Sunday in New Orleans. GETTY IMAGES

NHL. No progress as CBA negotiations stall again

As quickly as NHL labour negotiations got going again, they came to a screeching halt. Now there is no telling when the league and the players will return to the bargaining table.

After a one-day break following formal discussions this week, the sides got back to business on Sunday. Less than 90 minutes after talks about player-contract issues started, they were over.

"The owners made it clear there is no give with respect to their proposals unless the players are willing," players' association executive director Donald Fehr said.

No new plans to talk were made, but Monday wasn't ruled out.

THE CANADIAN PRESS

Quoted

"Right now, given their opposition to addressing some of these (player-contract) issues, I don't know where we go."

NHL deputy commissioner Bill Daly

Second-quarter surge leads Argos to East final

CFL. Toronto sets record in 2nd to erase Edmonton's strong start to East semifinal

Chad Owens couldn't have picked a better time to score his first punt return touchdown of the season.

Owens's 59-yard return TD highlighted a record 31-point second quarter and led the Toronto Argonauts past the Edmonton Eskimos 42-26 in the East Division semifinal Sunday. Owens' TD broke a 7-7 tie and provided a huge momentum shift in the contest.

"The defence fed off it, the offence started rolling," Owens said. "The way the game was going, we needed to do something and that's the great thing about specials, we can be the eraser, we can be the cleanup crew if things aren't going well."

Special teams and defence anchored the outburst — the most points in one quarter by one team in CFL playoff history.

West Division semifinal

The Stampeders beat the Saskatchewan Roughriders in a playoff game for the first time since 1994 with a 36-30 win in the West Division semifinal Sunday.

- The win propels the Stampeders into next Sunday's division final against the B.C. Lions.

Ricky Ray threw two touchdown passes and ran for another in the second for his first win in three games against his former team. Ray helped convert two Edmonton turnovers into 14 points in the quarter.

Toronto's second-quarter fireworks quashed an impressive start by Edmonton, which outrushed Toronto 99-0 in the first. The Argos travel to Olympic Stadium in Montreal for the East final next Sunday, with the winner advancing to the Grey Cup at Rogers Centre on Nov. 25. THE CANADIAN PRESS

Argos quarterback Ricky Ray celebrates his second-quarter touchdown run in the East Division semifinal on Sunday in Toronto. RICHARD LAUTENS/TORSTAR NEWS SERVICE

Golf

Beljan crafts fairy-tale ending at Magic Kingdom

Charlie Beljan felt as if his heart was about to burst out of his chest Sunday at Disney World, and he couldn't have felt better.

This wasn't another panic attack gone wild, like the one that sent him to the hospital in an ambulance after the second round and made him feel like he was going to die. This was the prospect of winning on the PGA Tour for the first time.

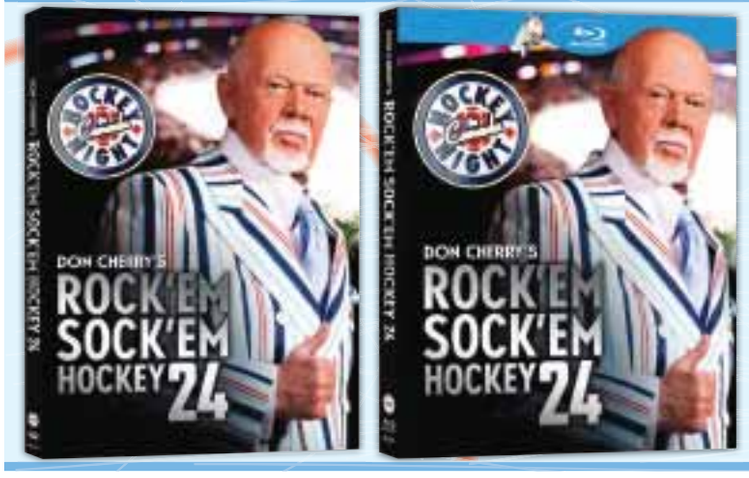
The roller-coasters at the Magic Kingdom are nothing like what Beljan went through in the final PGA Tour event of the year.

Two days after he was wheeled out of the scoring room on a stretcher, the 28-year-old rookie was celebrating on the 18th green. He arrived at the Children's Miracle Network Hospitals Classic with his job in jeopardy, and left with a two-year exemption that will send him to Maui at the start of the year.

"Every day I drove underneath that Disney sign coming in here that said, 'Where dreams come true,' and that's just what happened this week," Beljan said after closing with a 3-under 69 for a two-shot win. "And I'm so grateful and so honoured."

THE ASSOCIATED PRESS

Charlie Beljan holds up the trophy after winning the Children's Miracle Network Hospitals tournament Sunday in Lake Buena Vista, Fla. THE ASSOCIATED PRESS



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Horoscopes

Aries
March 21 - April 20
This is a good time to hold talks of a personal nature with a friend or loved one. Most likely a recent falling out was nothing more than a misunderstanding and it won't take much to put things right again.

Taurus
April 21 - May 21
You're getting that annoying feeling that there is something you should have done but you just can't put your finger on what it might be. Tomorrow's eclipse will no doubt enlighten you. In the meantime, don't think so hard.

Gemini
May 22 - June 21
You may have things planned out in your head but when are you going to roll up your sleeves and actually get busy? There is so much you can achieve now, but it won't just happen as if by magic.

Cancer
June 22 - July 23
Ignore what other people say you should be doing and do only what feels right to you. You know what you want, you know how to get it and you know you have what it takes to be a success. Get to it!

Leo
July 24 - Aug. 23
As usual you have plenty to say for yourself but there is a danger you might say too much and turn others against you. Your criticisms may be valid but do you really need to point out everyone's faults and failings?

Virgo
Aug. 24 - Sept. 23
Let your imagination run riot. Let your mind wander in directions it does not usually choose to go. The more you allow your thinking to be free the more likely it is you will accomplish something outstanding and original.

Libra
Sept. 24 - Oct. 23
Whatever you choose to do over the next 48 hours will have a huge impact on the way your life unfolds over the next six months or so, so think deeply and act decisively. Don't worry, you'll make the right choice.

Scorpio
Oct. 24 - Nov. 22
The imminent solar eclipse in your sign is a timely reminder that you should always look forwards. What happened yesterday and in the days before that is now history. It's what you do today and tomorrow that counts.

Sagittarius
Nov. 23 - Dec. 21
It may seem as if everyone is ganging up on you at the moment but most likely it is your subconscious playing tricks on you. It is of the utmost importance that you stay positive. Remember: your mind creates your reality.

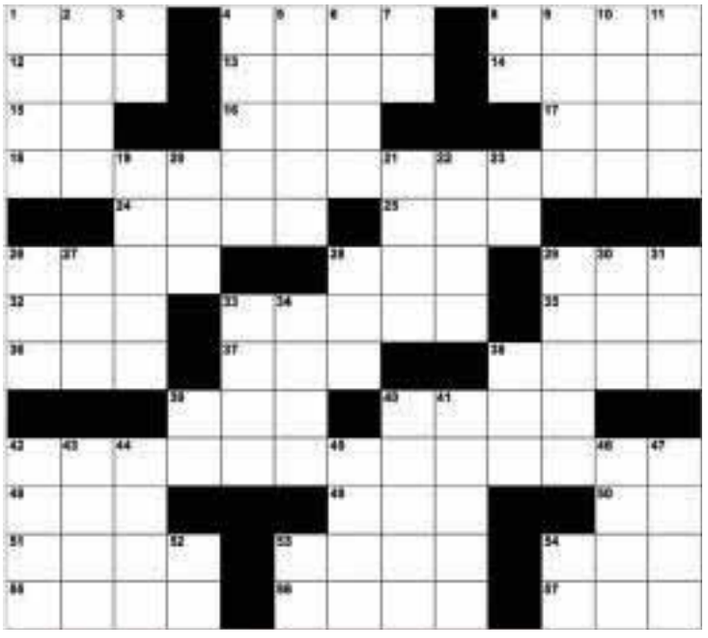
Capricorn
Dec. 22 - Jan. 20
No matter what others might say you are doing well – in fact you are doing brilliantly. It's because they can see that, even if you can't, some people are determined to undermine your confidence.

Aquarius
Jan. 21 - Feb. 19
Some of your ideas may seem a little "way out" to others but they make perfect sense to you. It's not your fault that the rest of humanity does not possess your breadth and depth of vision.

Pisces
Feb. 20 - March 20
There is no such thing as a problem that cannot be solved and the approaching eclipse in sympathetic Scorpio will encourage you to look again at an issue that has been terribly divisive. SALLY BROMPTON

Canadian Crossword

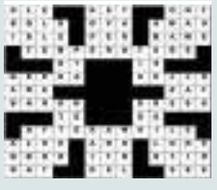
BY BETTY MARTIN



Across
1. — About You
4. Majority
8. Look after
12. Goal
13. Type of exam
14. Aweather
15. "The Thin Red Line" actor (init.)
16. Lubricate
17. Partner for a woman
18. Protestors
24. Comfort
25. Roker and Pacino
26. Accomplishment
28. Actor/Actress personal info.
29. Health club
32. Chat room lingo
33. Lion's litter
35. Female
36. Response to a ques.
37. Light toss
38. He played Klinger on M*A*S*H
39. Telephone book section (abbr.)
40. Former co-host of The View - — Jones
42. Bonnie Franklin 1970's sitcom (5 words)
48. Size above sm.
49. Tease
50. Keeping — with the Kardashians
51. Spew
53. Howl
54. —: Crime Scene Investigation
55. Memo
56. Chip's partner in crime
57. And so on (abbr.)

Down
1. Patch a holey sweater
2. Green Gables girl
3. Minister's deg.
4. Orbs
5. Get up in the a.m.
6. Sodium
7. Ollie's comedy partner (init.)
8. British thanks'
9. Ticklish muppet
10. Close by
11. Lairs
19. — on Wheels
20. Food for Mister Ed
21. Police foray
22. Healing lotion
23. Poet Eliot
26. Southern st.
27. Time long past
28. Baby's neckwear
29. — Lewis & Lamb Chop
30. Apiece
31. Airport info.
33. Heard by a judge
34. Blushing
38. "My Big — Greek Wedding"
39. 1970's host of Family Feud (init.)
40. Yet
41. Dining room furniture
42. Horror movie starring Gregory Peck, with The
43. "Finding —"
44. Revise a manuscript
45. Math calculation
46. Should
47. Blockbuster
52. – Diem
53. 3 feet equals this (abbr.)
54. He played "Dirty Harry"

Friday's Crossword



What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

				9		1	7	
6		2	8					
3					2		6	
		7		3			9	
2			5		6			7
	4			7		5		
	6		1					4
					7	9		8
	5	3		8				

Friday's Sudoku

7	8	1	3	9	6	5	2	4
9	5	6	2	4	7	1	8	3
3	4	2	8	5	1	9	6	7
4	9	7	1	8	3	2	5	6
6	1	8	5	2	4	3	7	9
2	3	5	7	6	9	4	1	8
1	7	4	6	3	2	8	9	5
5	6	3	9	1	8	7	4	2
8	2	9	4	7	5	6	3	1

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